# CREW WORKLOAD STRATEGIES IN ADVANCED COCKPITS

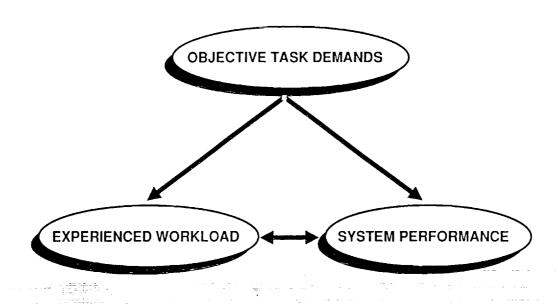
Sandra G. Hart NASA Ames Research Center

### **ABSTRACT**

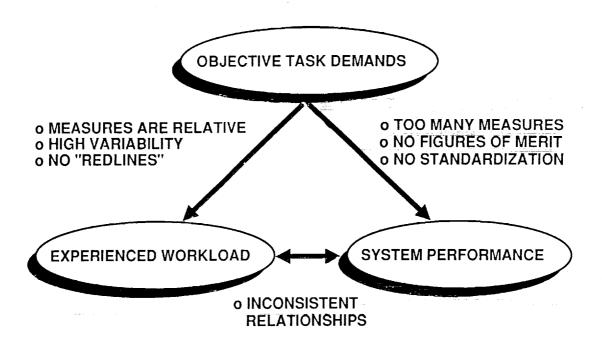
Many methods of measuring and predicting operator workload have been developed that provide useful information in the design, evaluation, and operation of complex systems and which aid in developing models of human attention and performance. However, the relationships between such measures, imposed task demands, and measures of performance remain complex and even contradictory. It appears that we have ignored an important factor: people do not passively translate task demands into performance. Rather, they actively manage their time, resources, and effort to achieve an acceptable level of performance while maintaining a comfortable level of workload. While such adaptive, creative, and strategic behaviors are the primary reason that human operators remain an essential component of all advanced man-machine systems, they also result in individual differences in the way people respond to the same task demands and inconsistent relationships among measures. Finally, we are able to measure workload and performance, but interpreting such measures remains difficult; it is still not clear how much workload is "too much" or "too little" nor the consequences of suboptimal workload on system performance and the mental, physical, and emotional well-being of the human operators. The rationale and philosophy of a program of research developed to address these issues will be reviewed and contrasted to traditional methods of defining, measuring, and predicting human operator workload.

# PREVIOUS RESEARCH GOALS

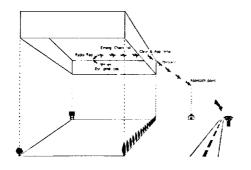
TO EXPLAIN, QUANTIFY, AND PREDICT RELATIONSHIPS AMONG:

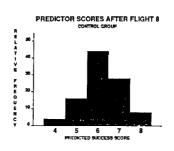


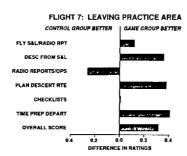
# LESSONS LEARNED

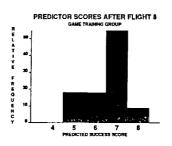


# EFFECTIVENESS OF COMPUTER-GAME TRAINER IN IMPROVING WORKLOAD MANGEMENT SKILLS

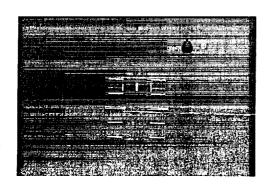


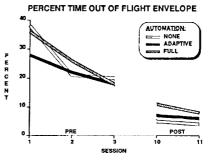


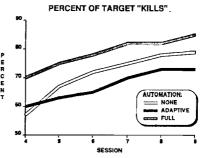




# EFFECTIVENESS OF AUTOMATION IN RELEASING RESOURCES TO PERFORM OTHER TASKS





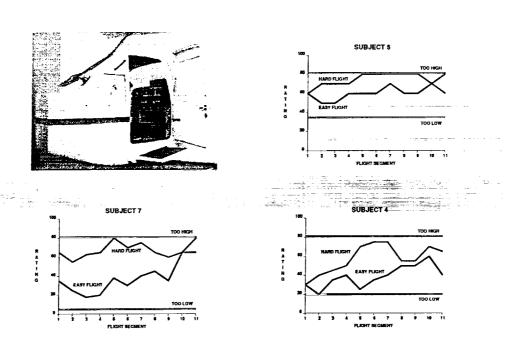


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**ELEMENT 4: METHODS OF IMPROVING STRATEGIES** 

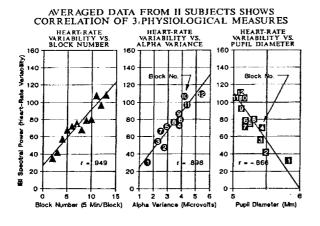
	FY89	FY90	FY91	FY92	FY93
MILESTONES:				***************************************	
IDENTIFY OPTIMAL STRATEGIES FOR TYPICAL FLIGHT TASKS AND SITUATIONS					
DEVELOP TRAINING PROCEDURES TO IMPROVE PILOTS' MANAGEMENT OF TIME/RESOURCES, STRATEGY SHIFTS APPROPRIATE FOR STATE					
DEVELOP CONCEPTUAL DESIGNS FOR COMPUTER AIDS TO IMPROVE PILOTS' ABILITIES TO SELECT APPROPRIATE PLANS, STRATEGIES AND TACTICS					
TEST CONCEPTUAL DESIGNS FOR INFLIGHT ADAPTIVE SYSTEMS FOR DYNAMIC TASK ALLOCATION					22 23 44 44 44 44 44 44 44 44 44 44 44 44 44

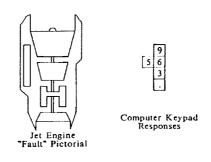
# INDIVIDUAL DIFFERENCES IN SUBJECTIVE WORKLOAD "REDLINES"



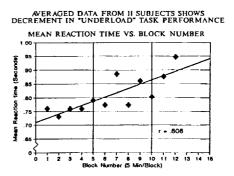
# BOREDOM: PERFORMANCE/PHYSIOLOGICALCORRELATES

#### **PHYSIOLOGICAL MEASURES**



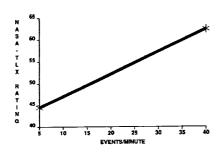


#### TASK PERFORMANCE

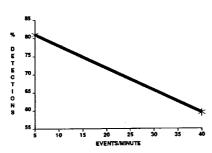


# **EFFECT OF BOREDOM ON PERFORMANCE, WORKLOAD**

### INFLUENCE OF BOREDOM ON RATED WORKLOAD



INFLUENCE OF BOREDOM ON PERFORMANCE





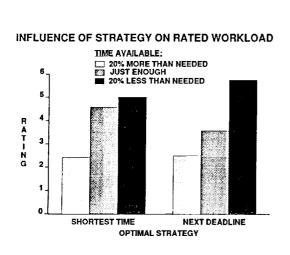
# **SYMPTOMS OF UNDER/OVERLOAD STATES**

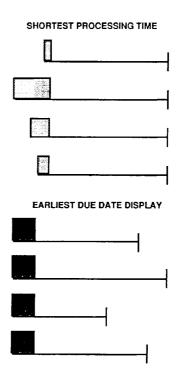
WORKLOAD	 SUBJECTIVE EXPERIENCE:	PHYSIOLOGICAL INDICES:	STRATEGIES	PERFORMANCE:
UNACCEPTABLE (TOO HIGH)	OVER- WHELMED	SIGNIFICANT CHANGE	NONE	UNACCEP- TABLE
SUBOPTIMAL	STRESSED	SOME CHANGE	COMPEN- SATION: - SHED - DEFER	ACCEPTABLE
OPTIMAL	COMFORT- ABLE	"NORMAL"	MANAGE TASK DEMANDS	GOOD
SUBOPTIMAL	BORED	SOME CHANGE	COMPEN- SATION: TRIES TO MAINTAIN AROUSAL	ACCEPTABLE
UNACCEPTABLE (TOO LOW)	 DROWSY	SIGNIFICANT CHANGE	UNPREPARED	POOR

**ELEMENT 3: WORKLOAD "RED-LINES"** 

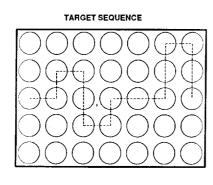
	FY89	FY90	FY91	FY92	FY93
MILESTONES:					
IDENTIFY VARIABLES ASSOCIATED WITH UNDER/OVERLOAD		£***.::-			
IDENTIFY PERFORMANCE /PHYSIO- LOGICAL CORRELATES OF SUB- JECTIVE OVER/UNDERLOAD STATES					
INVESTIGATE ROLE OF INDIVIDUAL DIFFERENCES IN PERSONAL WORKLOAD CRITERIA			-1		
QUANTIFY IMPACT OF STRATEGIES IN DYNAMIC WORKLOAD/PERFOR- MANCE TRADEOFFS		100000000000000000000000000000000000000			
MODEL WORKLOAD/PERFORMANCE TRADEOFFS					
QUANTIFY OVER/UNDERLOAD REGIONS FOR WORKLOAD MEASURES					
DEVELOP STANDARD PROCEDURES FOR AIRCRAFT CERTIFICATION			7		

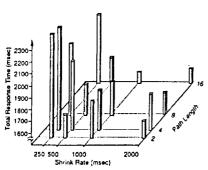
# SCHEDULING THEORY MODELS OF WORKLOAD

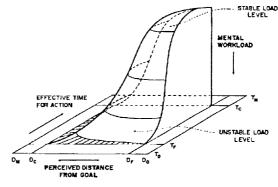


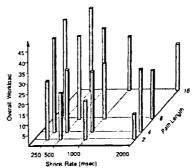


# TEMPORAL DYNAMICS OF MENTAL WORKLOAD

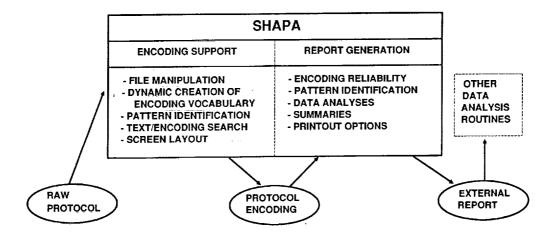








# SHAPA: VERBAL/NONVERBAL PROTOCOL ANALYSIS TOOL



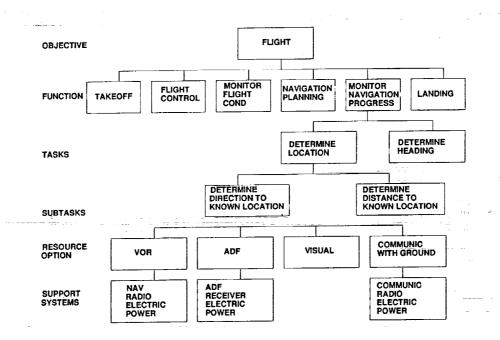
#### **FEATURES:**

- RUNS ON IBM-AT WITH EGA
- FULLY INTERACTIVE
- ENCODER DETERMINES ENCODING MODEL/THEORY
- FASTER ENCODING
- CHOICE OF DATA ANALYSIS TECHNIQUES
- DIRECT ENGAGEMENT WITH DATA

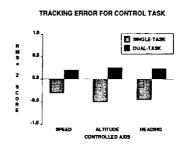
### UNDER DEVELOPMENT: MacSHAPA

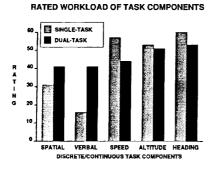
- MULTIPLE INTERACTING AGENTS
- MULTIPLE STREAMS OF VERBAL AND NON-VERBAL BEHAVIORS
- MULTIPLE ENCODERS/RESEARCHERS
- VISUALIZATION TOOLS

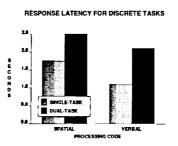
# MODEL FOR CODING VERBAL PROTOCOLS TO ASSESS PILOT STRATEGIES



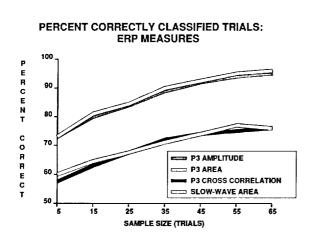
### WORKLOAD / PERFORMANCE FOR COMPONENT TASKS

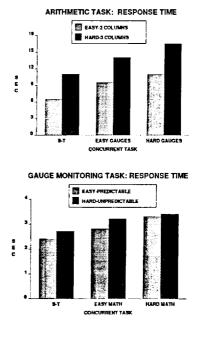




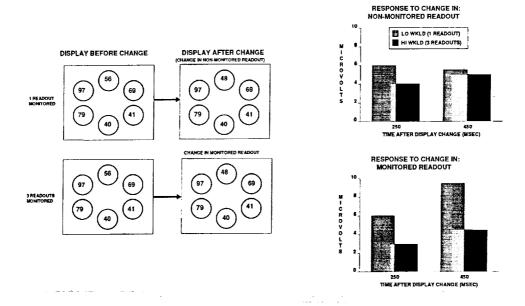


### **REAL-TIME MEASUREMENT OF MENTAL WORKLOAD**





# APPLICATION OF EVOKED POTENTIAL MEASURES IN COCKPIT SIMULATOR



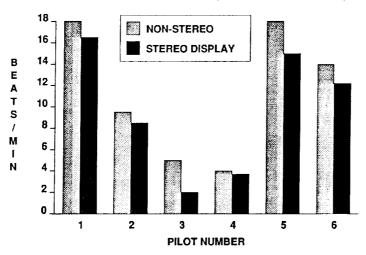
# SENSITIVITY OF CARDIOVASCULAR MEASURES

	FLIGHT PATH	CONTROL GUIDANCE	DISPLAY FORMAT	TIME ON TASK (UNDERLOAD)	TASK PACING
AVERAGE HEART RATE	+	+			
HEART RATE CHANGE	++	++	++		
HEART RATE VARIABILITY	+	+		++	+
BLOOD PRESURE COMPONENT HRV (0.1Hz)	+	+		++	

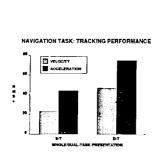
NOT USEFUL
+ SHOWS TRENDS
++ STATISTICALLY SIGNIFICANT

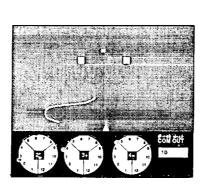
# INFLUENCE OF DISPLAY DESIGN ON PILOT'S HEART RATE

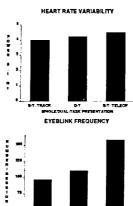
# STEREO vs NON-STEREO LNDG/APPR DISPLAY HEARTRATE INCREASE (BASELINE TO TD)

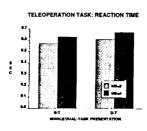


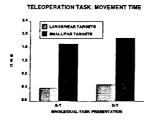
# **COMPARISON AMONG MEASURES**

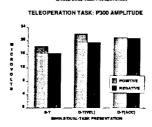




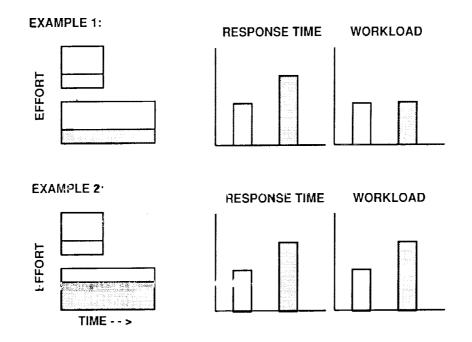




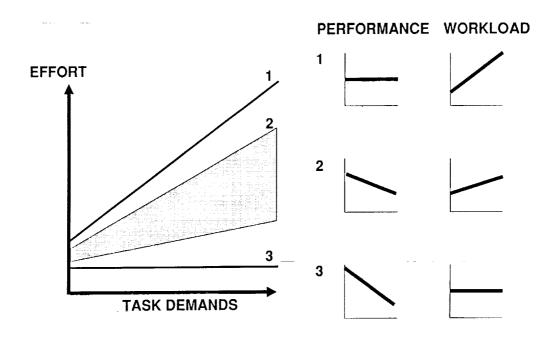




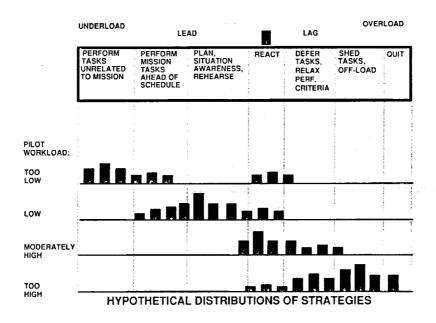
# INFERENCES ABOUT "EFFORT" AND WORKLOAD CANNOT BE DRAWN FROM MEASURES OF REACTION TIME



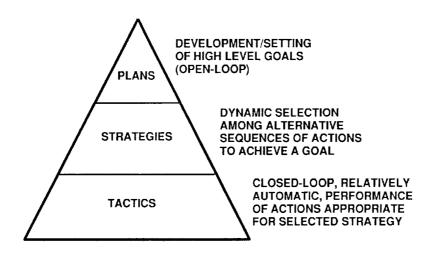
# HYPOTHETICAL RELATIONSHIPS BETWEEN TASK DEMANDS, EFFORT, MEASURES OF PERFORMANCE, AND WORKLOAD



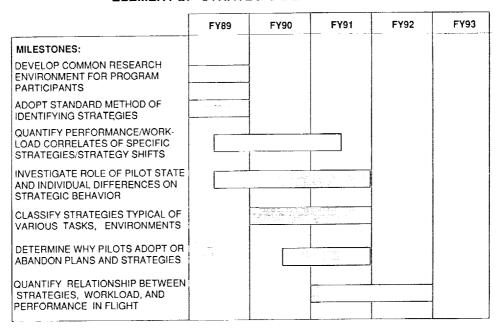
### PILOTS ADOPT DIFFERENT STRATEGIES WITHIN A FLIGHT



### **CHARACTERISTICS OF STRATEGIC BEHAVIORS**



### **ELEMENT 2: STRATEGIC BEHAVIOR**



### FIGURES OF MERIT - II

#### GOAL:

IDENTIFY A PARSIMONIOUS SET OF VARIABLES WHICH, IN COMBINATION, ARE DESCRIPTIVE OF THE INFLUENCE OF THE PILOT/VEHICLE INTERFACE DESIGN AND PILOT'S INTENT ON SYSTEM PERFORMANCE

### APPROACH:

- SELECT 50 VARIABLES FROM THOSE ALREADY AVAILABLE
- MONITOR PERFORMANCE OF NOVICE AND EXPERT PILOTS IN AFTI F-16 DURING:
  - AIR-TO-AIR MISSION
  - TERRAIN-FOLOWING MISSION
- MEASURE PILOT WORKLOAD USING SWAT
- SELECT PARSIMONIOUS SET OF VARIABLES USING MULTI-DIMENSIONAL SCALING, CLUSTER ANALYSIS, ETC
  - IDENTIFY REDUNDANT MEASURES
  - IDENTIFY MEASURES THAT PROVIDE UNIQUE INFORMATION
  - COMBINE SOME MEASURES TO CHARACTERIZE A PARTICULAR ASPECT OF PERFORMANCE

### FIGURES OF MERIT - I

#### GOAL:

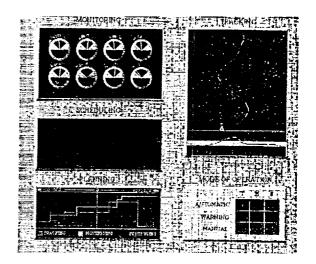
DEVELOP COMPOSITE FIGURE OF MERIT FOR PERFORMANCE

#### APPROACH:

- EXPERIMENTAL TASK (SCORE):
  - 10-MIN TRIALS
  - 2nd-ORDER, 1-AXIS PURSUIT TRACKING
  - MONITOR 8 DIALS
  - ONLINE SUBTASK PERFORMANCE FEEDBACK
- FIGURE OF MERIT
  - EQUALLY WEIGHTED AVERAGE OF:
    - TRACKING (% MAX ERROR; 1-10)
    - MONITORING (% MAX ERROR; 1-10)
- SELF EVALUATION (ONCE PER MIN)

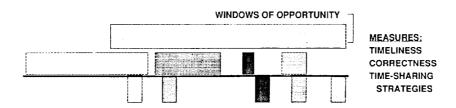
#### **RESULTS:**

- Ss FOCUSED ON TRACKING (BASED ON PERFORMANCE STRATEGY, SELF RATING)
- EQUAL WEIGHTING INAPPROPRIATE

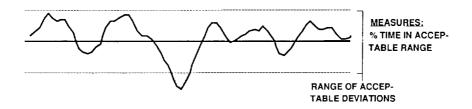


# FIGURES OF MERIT ARE NEEDED THAT CAPTURE THE QUALITY OF OVERALL PERFORMANCE

### DISCRETE TASKS

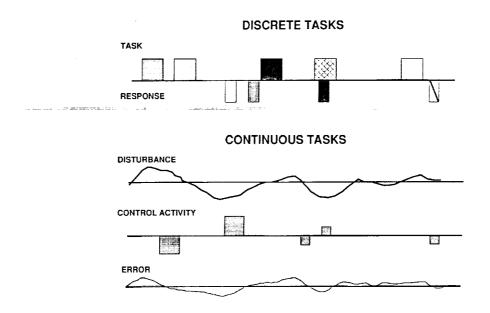


#### **CONTINUOUS TASKS**



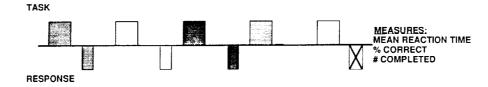
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# TRADITIONAL MEASURES LOSE THEIR MEANING IF OPERATORS DO NOT TRY TO RESPOND: (1) IMMEDIATELY AND (2) PERFECTLY

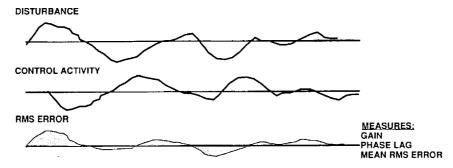


### TRADITIONAL MEASURES OF PERFORMANCE

### **DISCRETE TASKS:**



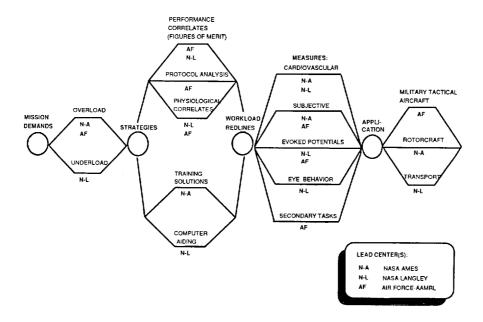
### **CONTINUOUS TASKS:**



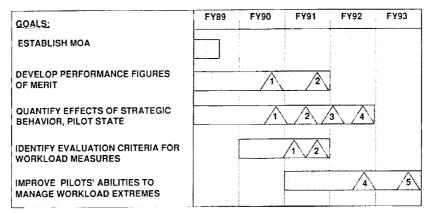
**ELEMENT 1: FIGURES OF MERIT (FoM)** 

	FY89	FY90	FY91	FY92	FY93
MILESTONES:					
SELECT SET OF TARGET TASKS					
IDENTIFY APPROPRIATE SUBTASK MEASURES					
SPECIFY ACCEPTABLE PER- FORMANCE FOR TARGET TASKS					
DEVELOP GENERALIZED PROCEDURES FOR CREATING FIGURES OF MERIT					
TEST WITH EXISTING DATA BASES					
USE IN LAB, SIMULATOR, FLIGHT RESEARCH					
INTEGRATE INTO "REDLINE" AND STRATEGIC BEHAVIOR ELEMENTS OF PROGRAM					

# PROGRAM ORGANIZATION: LEAD ROLES



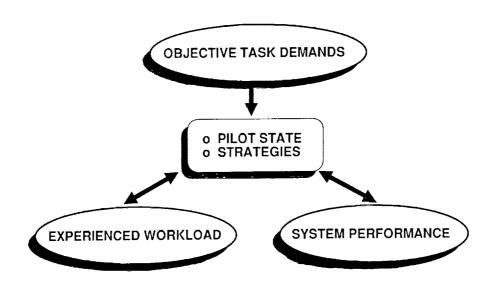
### PROGRAM ELEMENTS/MAJOR MILESTONES



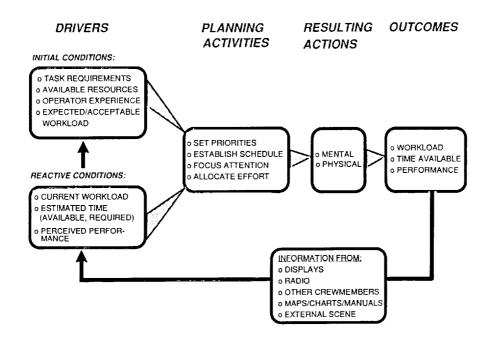
#### PRODUCTS:

- 1. PREDICTIVE TOOLS FOR SYSTEM DESIGNERS
- 2. STANDARD EVALUATION PROCEDURES FOR AIRCRAFT CERTIFICATION
- 3. IMPROVED THEORETICAL MODEL OF WORKLOAD
- 4. WORKLOAD-MANAGEMENT TRAINING CONCEPTS
- 5. ADAPTIVE COMPUTER AIDS TO IMPROVE TASK ALLOCATION

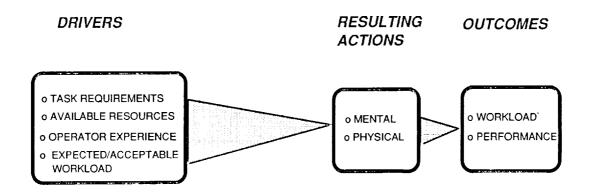
### PROPOSED EXPLANATION



### PROPOSED DYNAMIC CONCEPT OF WORKLOAD



CURRENT CONCEPTUALIZATIONS OF WORKLOAD GENERALLY IGNORE THE DYNAMIC, ADAPTIVE, CREATIVE BEHAVIOR OF HUMAN OPERATORS



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